



Welcome to Solid Ground Farm's CSA!

Being part of Community Supported Agriculture means that you're truly part of our farm. As a member, you share in the risks and rewards of the season, and your financial support early in the season helps buy seeds and supplies to grow your veggies. We'll see you every week June through October, when you come to get your share and the latest farm updates. You get to eat super-fresh, organic produce grown sustainably with a whole-farm, whole-planet mindset. As your farmers, we are so grateful to have a personal connection with the families we are feeding. We are really looking forward to 2017.

Free Choice CSA

We offer a free choice model, where you get to pick what's in your share from the harvest week to week, selecting from a variety of veggies based on total points. We'll usually have about 15 items available to choose from. You will be able to choose 7 or 9 units of those items. A unit may be two pounds of tomatoes, a big bunch of kale, a bag of salad mix, a pumpkin, etc. We like the free choice model because the biggest complaint we've heard over the years from CSA members is that they really don't like how they end composting food that they took home but knew they won't end up eating. When you get to make your own decisions about what you take home, you're less likely to waste, and you get to enjoy healthy, delicious food that's fresher than anything you can find in the grocery store.

So, what does this look like?

One week, you might choose to take home a hefty load of tomatoes along with some onions and cilantro to make a giant batch of your signature salsa. Another week, it could be three types of cooking greens, carrots, beets, kabocha squash, garlic and hakurei turnips. Sometimes, you may feel adventurous and want to try out those watermelon radishes and Romanesco cauliflower; other weeks, you're looking for the more familiar staples for your salads and stir fries. We look forward to giving you a chance to be yourself while eating with the seasons.

Solid Ground Farm CSA Membership Form

Site (choose one):

___ Kingston/Lomontville (205 Hidden Valley Rd, Kingston)

___ Catskill/Saugerties (2433 Old Kings Rd, Catskill)

Name: _____

Address: _____

Phone: _____

Email: _____

Signature: _____

Number of Shares:

___ \$550 per 9-point share

___ \$450 per 7-point share

Total amount due: \$ _____

Total amount enclosed: \$ _____

Cash or check only.

A minimum payment of \$100 is required to reserve your share. Total amount is due by the first distribution, but early payment allows us to purchase important necessities for the start of the season!

Please mail this form and your check to:

Solid Ground Farm
205 Hidden Valley Road
Kingston, NY 12401